



Orienteering in Brynmill Park

AIM. The aim in **orienteering** is to get around a course, made up of a series of control points, by working out a route between them from the map and then map-reading your way along the route and finding the controls.

THE MAP. This is a standard orienteering map; the symbols and colours are explained in the legend. The scale is 1:2,500 which means that 1cm on the map represents 25m on the ground, as shown by the scale line.

CONTROLS and MARKERS. The locations of the controls are shown on the **map** by numbered circles in red, and a description of each is given below. The controls are marked on the **ground** by a post on top of which is a plaque with a red and white orienteering symbol. There is a number, which corresponds to the same control on the map, and a letter which you note down in the appropriate box on the control card below to confirm your visit.

DISTANCES. The distance from one point to another can be worked out using the scale line on the map. When measuring on the ground, a metre is roughly one man-sized stride.

DIRECTIONS. Whichever direction you are going or facing, keep the map the same way round as the ground, i.e. **orientated**. When you go forward, features to one side on the map will be on the same side on the ground. If you have a **compass** you can use it to **orientate** the map. The needle points to magnetic north. Use this to keep the north arrows on the map pointing north too.

CONTROL DESCRIPTIONS:

Start Vegetation boundary

1. Path bend

- 2. Fence corner
- 3. Building, West corner
- 4. Fence corner
- 5. Knoll
- 6. Wall end
- 7. Fence corner
- 8. Earthbank, East end
- 9. Fence corner

FURTHER ORIENTEERING OPPORTUNITIES. If you would like to do more orienteering there are other permanent courses you can visit, and maps can be downloaded from the Council's website <u>www.swansea.gov.uk/orienteering</u> The local club, **SWANSEA BAY ORIENTEERING CLUB**, organizes events throughout the year, and their fixtures list can be found on the club's website at <u>www.sboc.org.uk</u>

ACKNOWLEDGEMENTS.

This permanent orienteering course was set up with the help of grants channelled through City and County of Swansea from the Sports Council for Wales. The map was made by, and the courses planned by, Swansea Bay Orienteering Club.

1.	2.	3.	4.	5.	6.	7.	8.	9.

Orienteering in Cwmdonkin Park

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CONTROL DESCRIPTIONS:

Start Path junction

- 1. Building, SE corner
- 2. Fence/Wall junction
- 3. Track junction
- 4. Wall corner
- Path junction
 Boulder
- Distinct Tree, SE side
- 8. Thicket, N end
- 9. Fence/Wall junction
- 10. Fence end
- 11. Fence/Wall junction
- 12. Fence bend

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end 1. 2. 3. 4. 5. 6. 7. 8. 9												