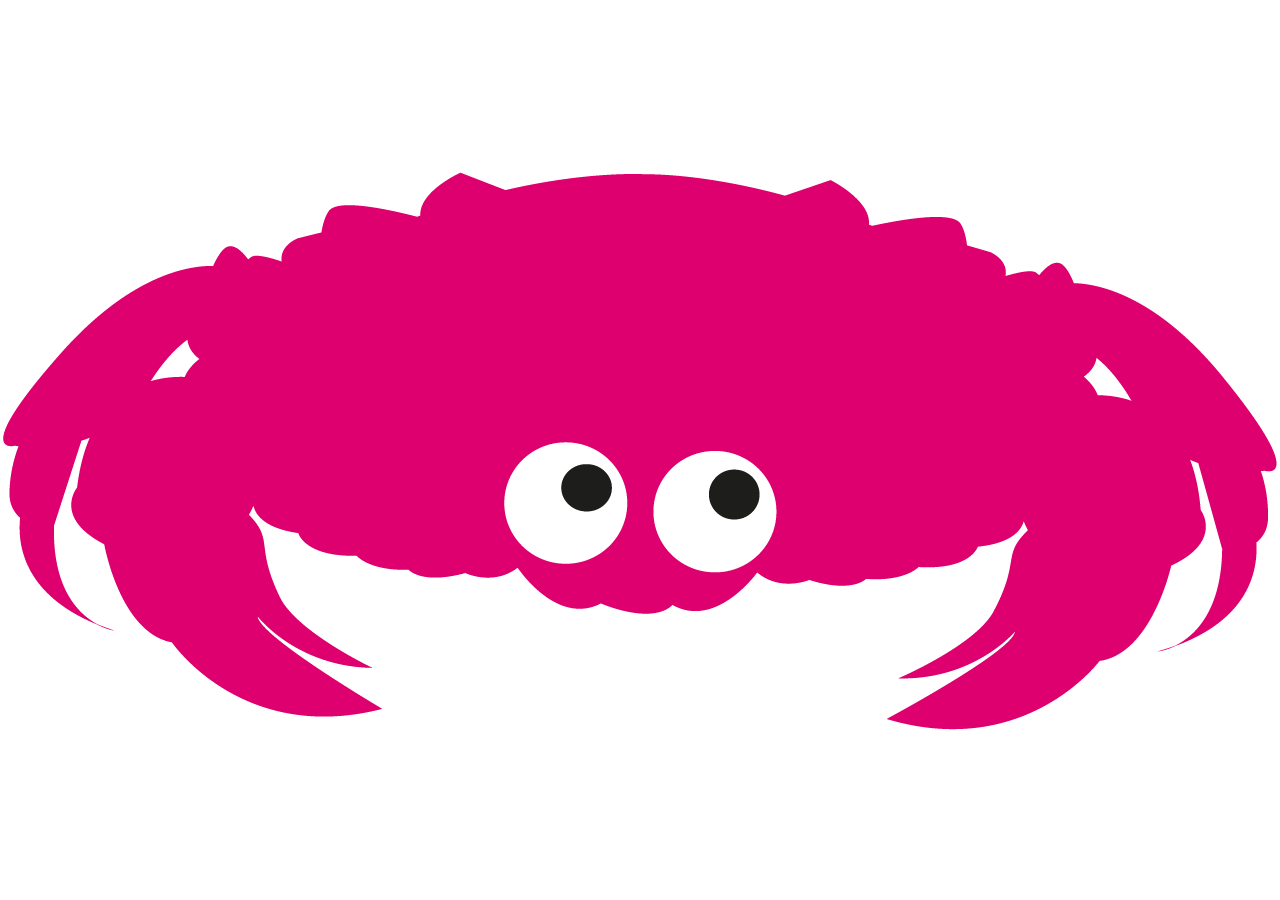
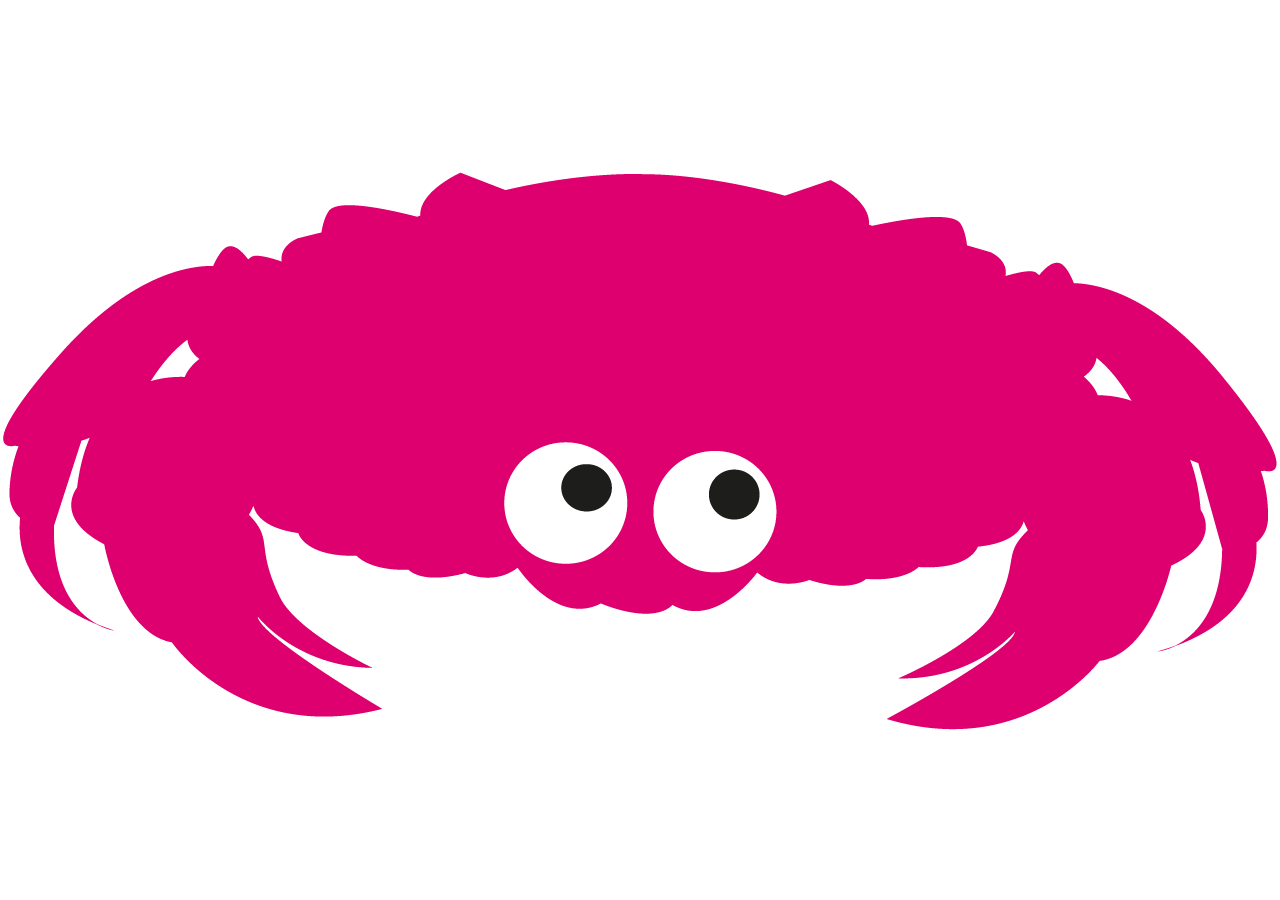
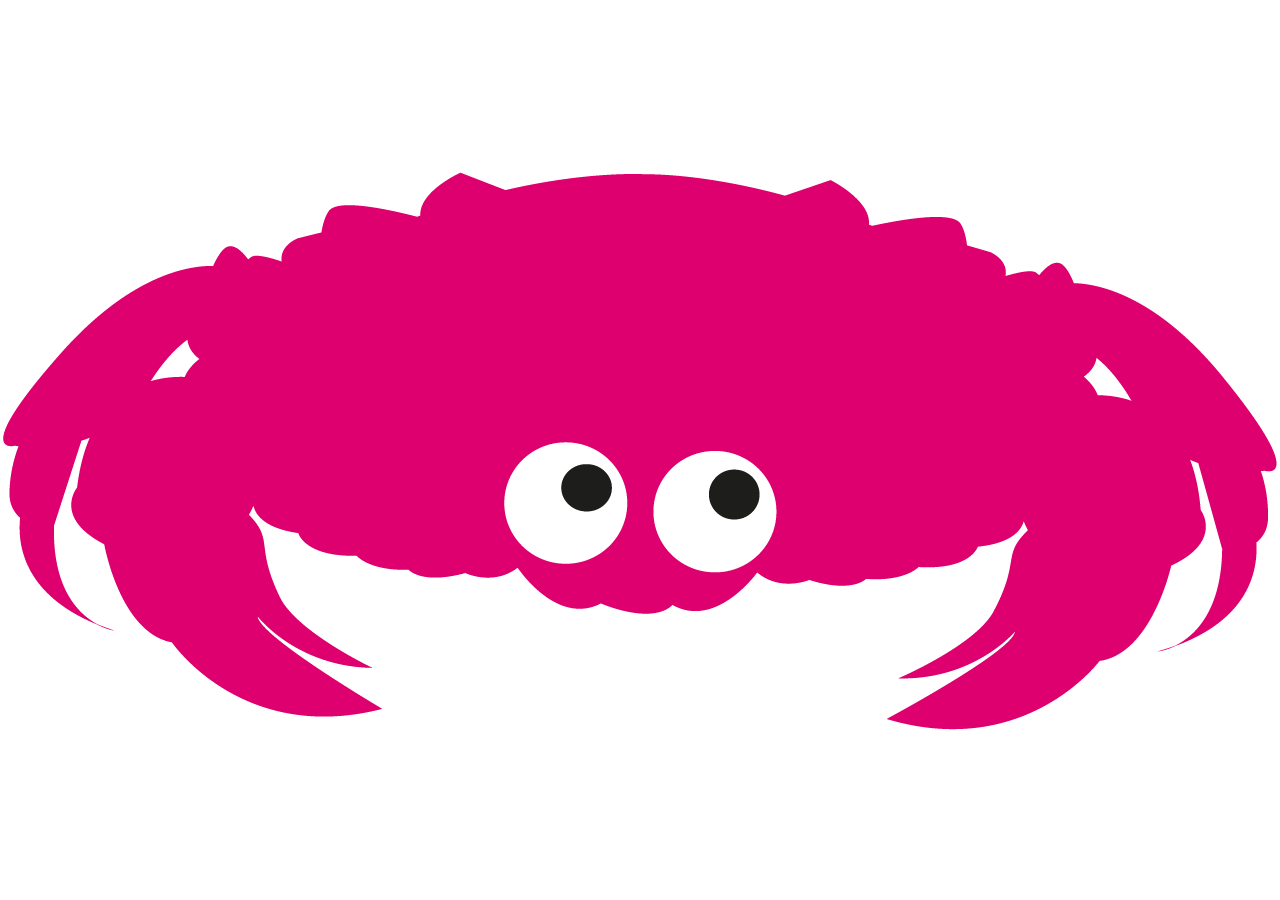
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**Slip caniatâd blasu a gwneud**

Annwyl riant/gofalwr,

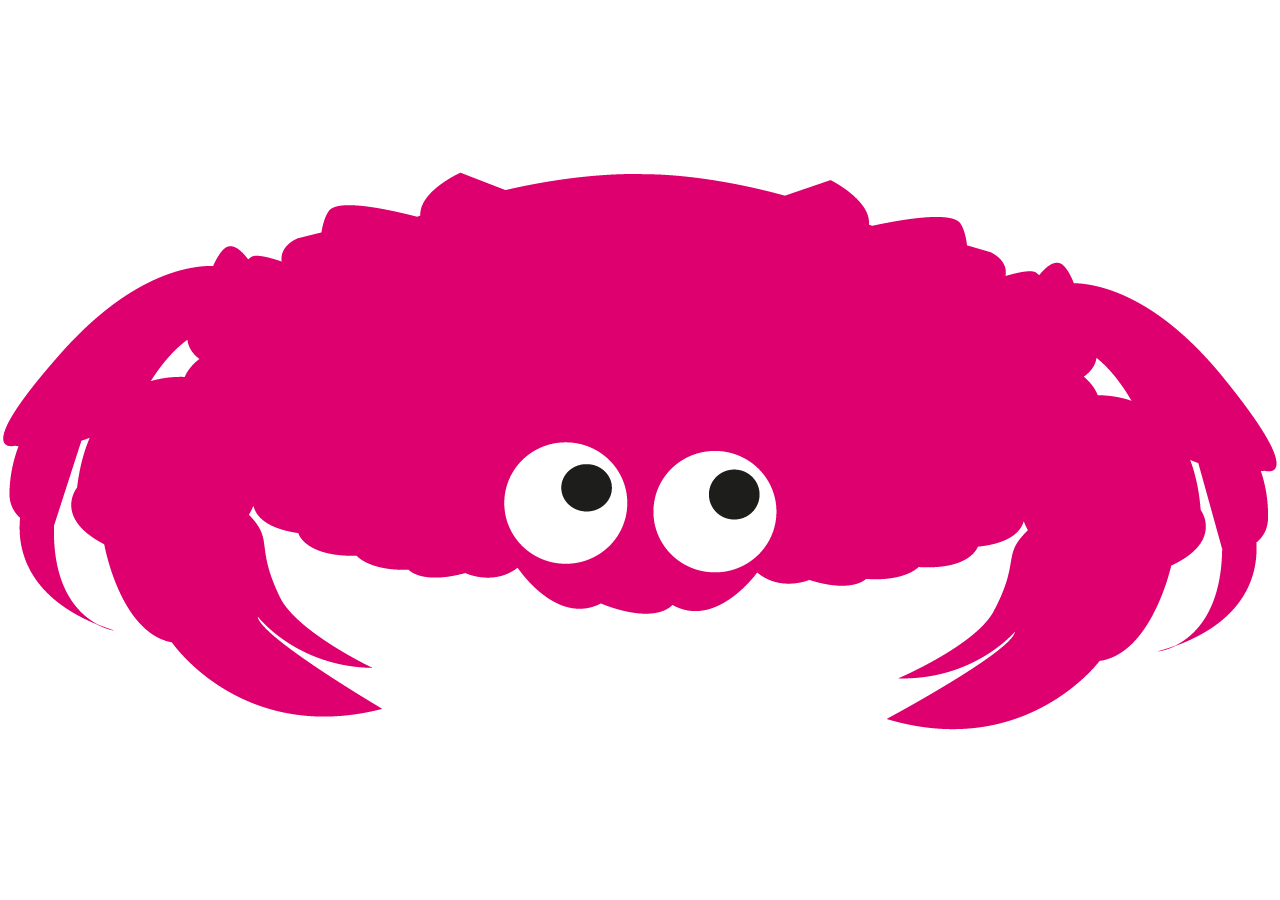
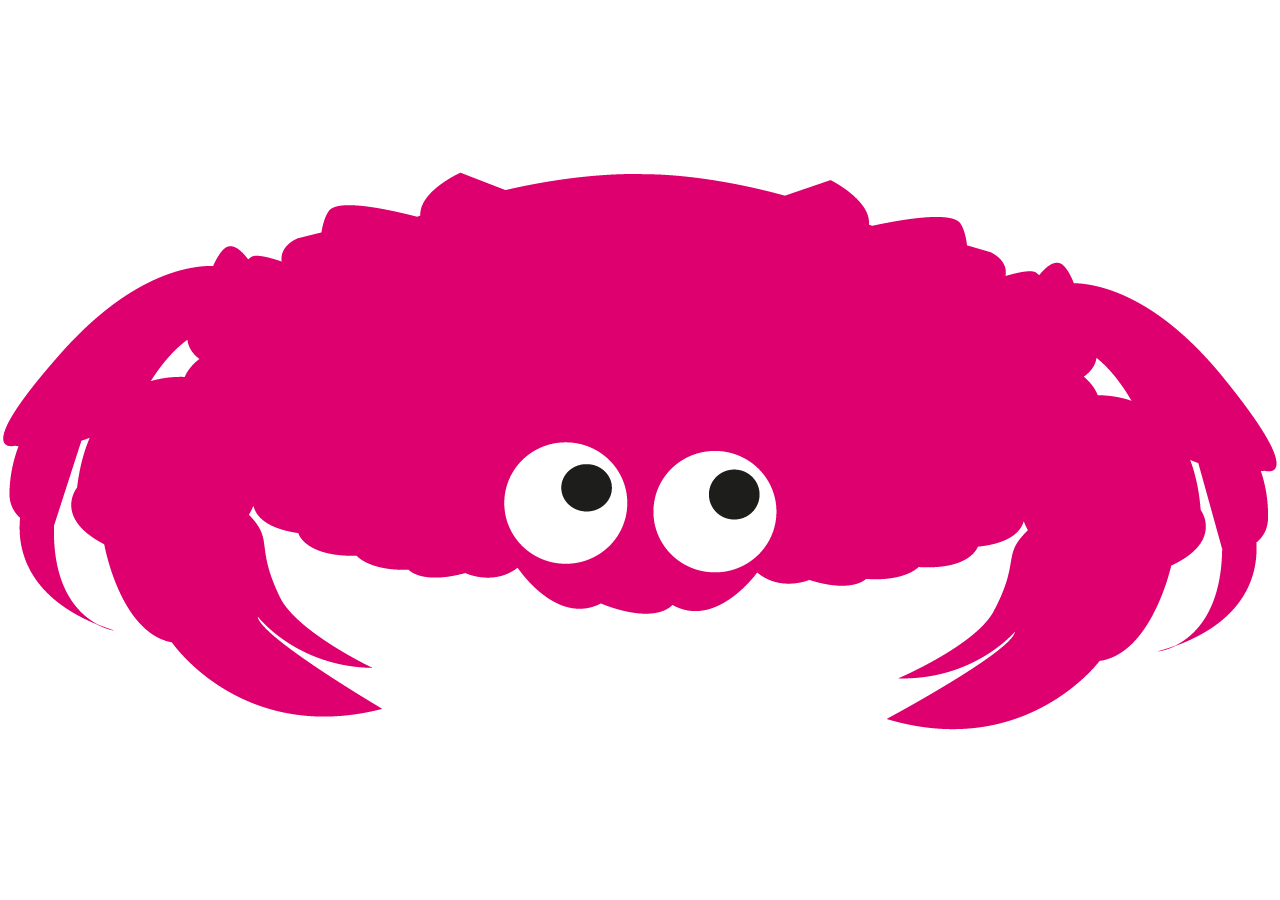
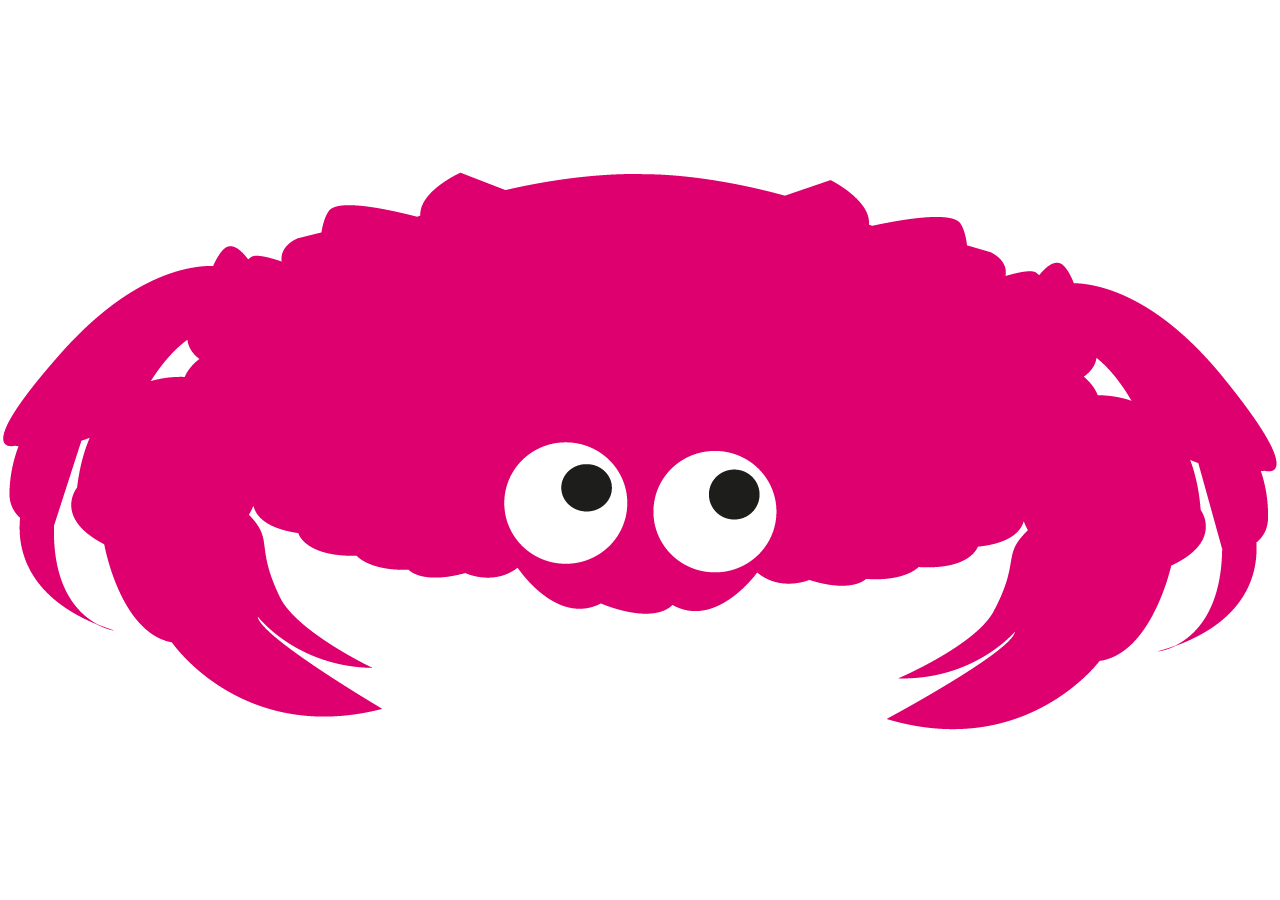
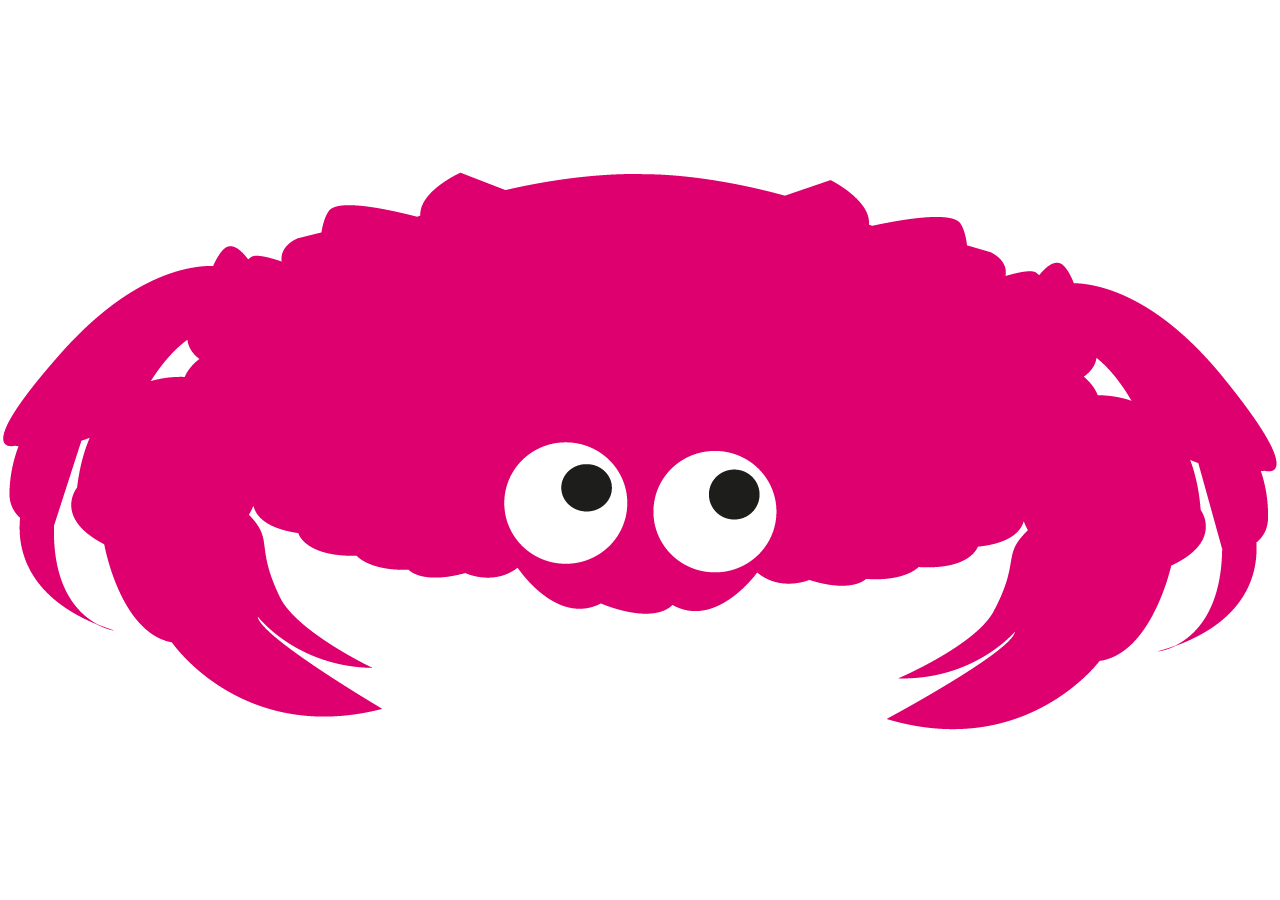
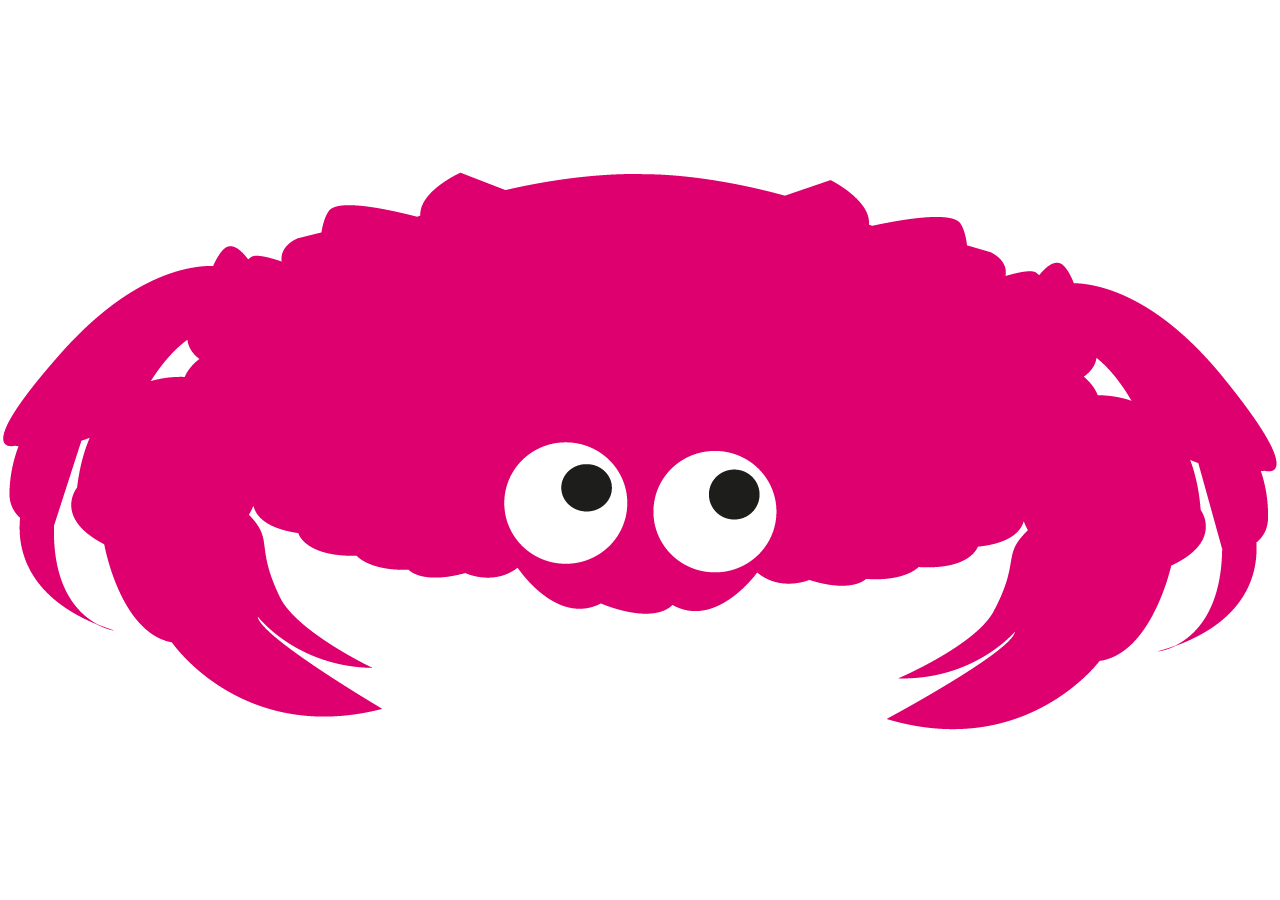
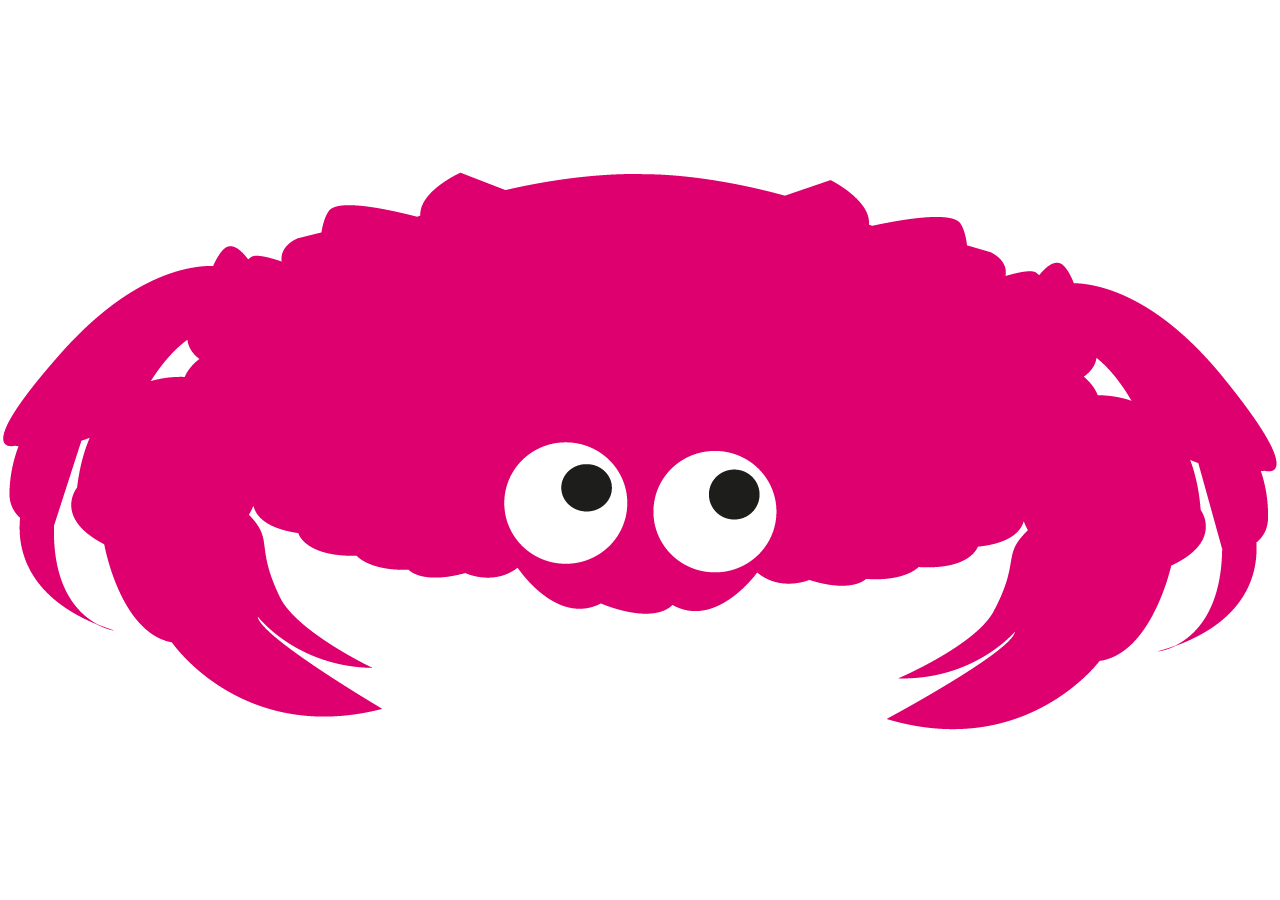
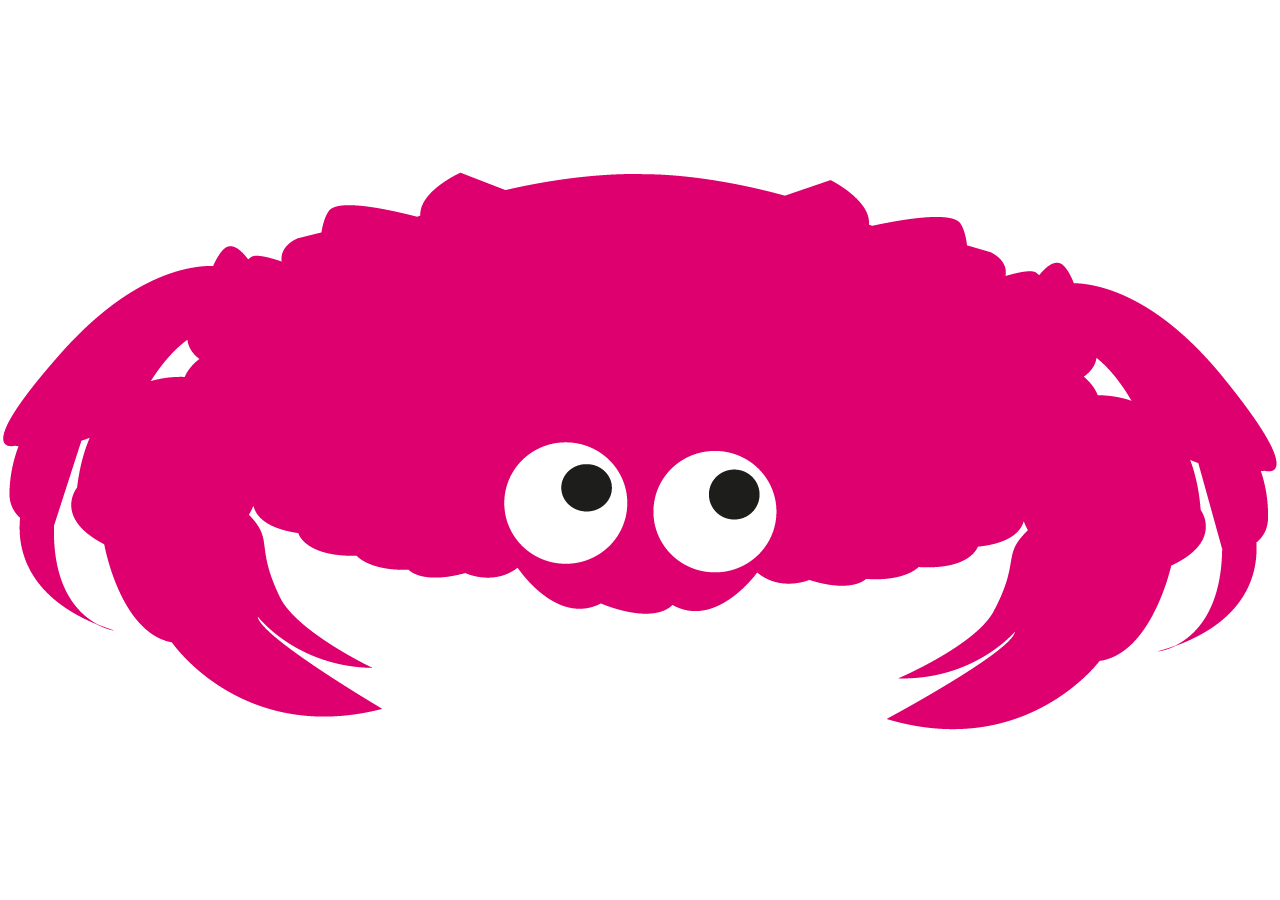
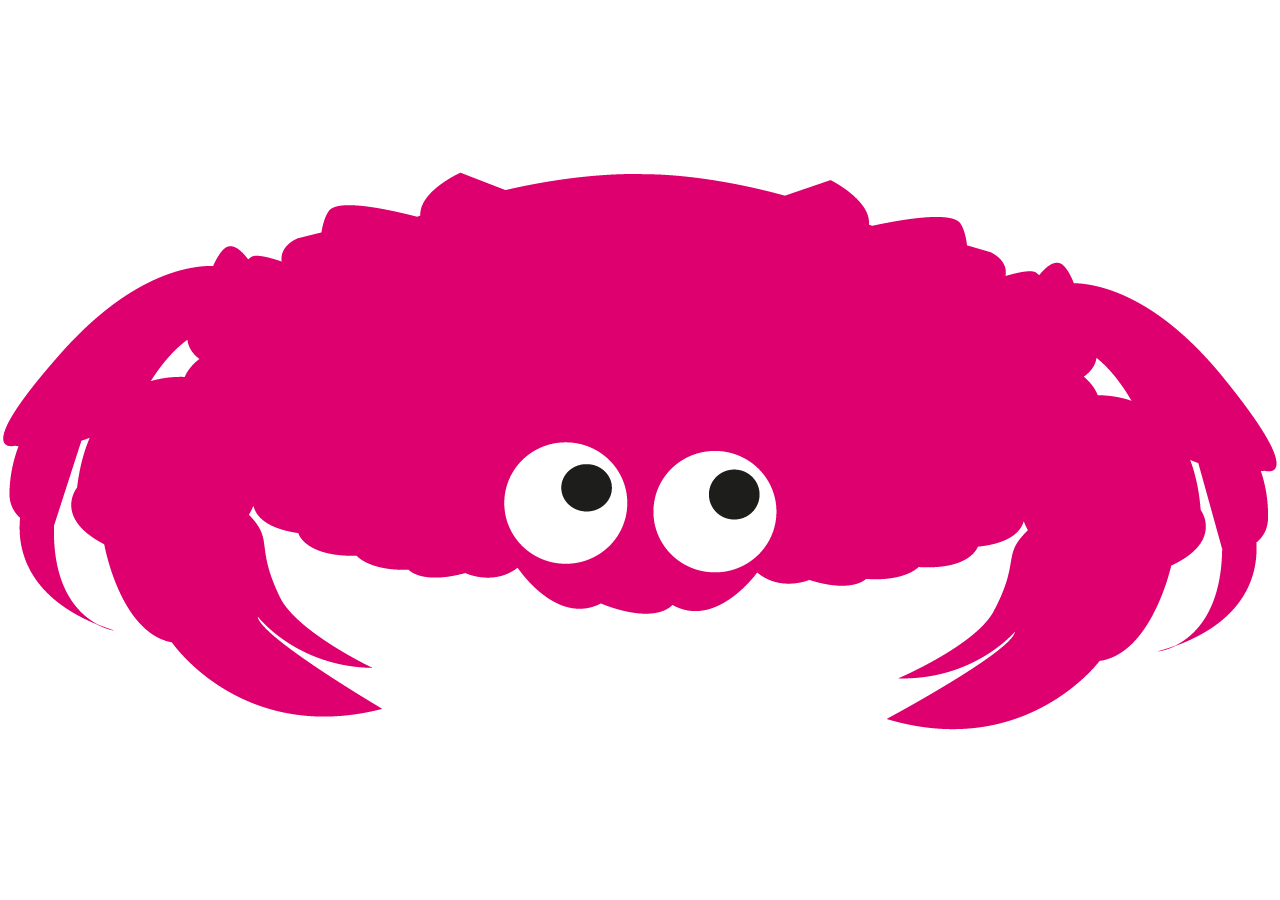
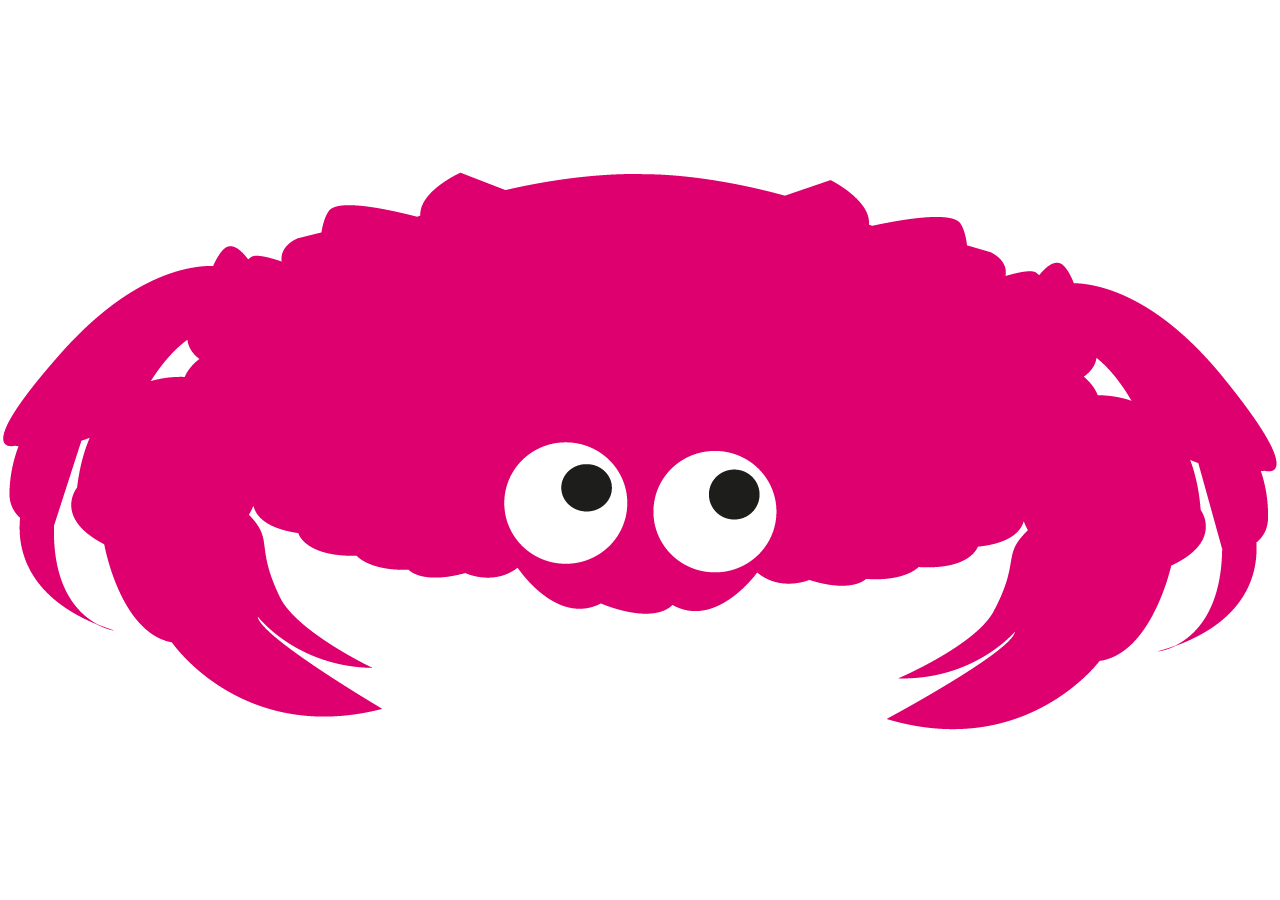
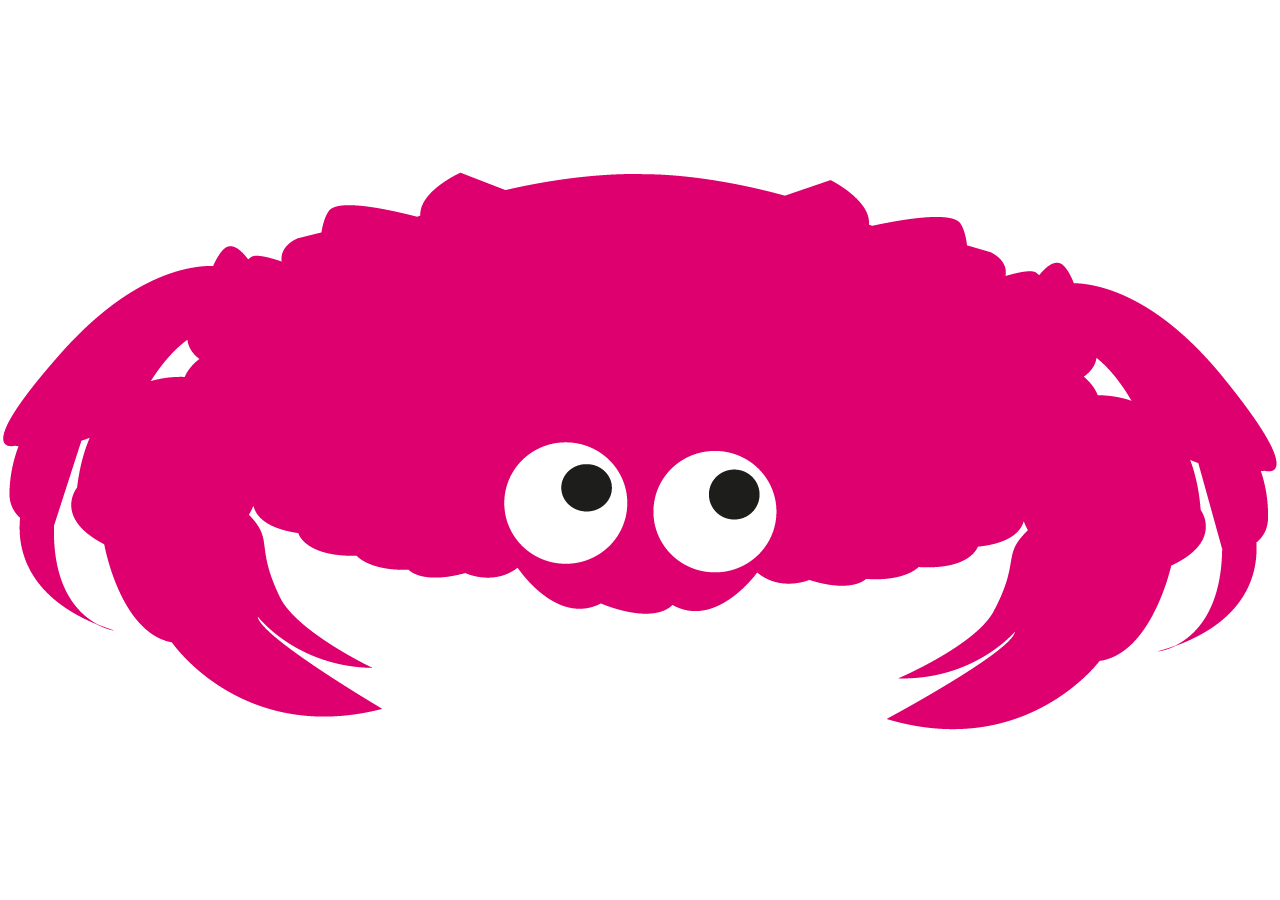
Rydym yn dysgu am bysgod a bwyta’n iach. Fel rhan o’n gwaith rydym yn cynllunio i’r plant flasu gwahanol bysgod a gwneud pryd o fwyd pysgod.

Llanwch y ffurflen isod os gwelwch yn dda a’i dychwelyd i’r ysgol erbyn

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Dymuniadau gorau

(athro/athrawes dosbarth)

****

**Fy mhlentyn:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |  |
| --- | --- | --- | --- |
| * **Dim** alergeddau/anoddefiad bwyd neu resymau crefyddol/diwylliannol dros beidio bwyta bwyd neilltuol. | | **neu** | * **Mae** alergeddau/anoddefiad bwyd neu resymau crefyddol/diwylliannol dros beidio bwyta bwyd neilltuol.   Ni ddylai fy mhlentyn drafod na bwyta’r bwyd yma: |
|  |  | | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  Os oes gan eich plentyn alergedd **difrifol** i unrhyw fwyd, siaradwch gyda’u hathro/athrawes dosbarth. |

* Rwy’n rhoi caniatâd i fy mhlentyn wisgo plaster neu fenig plastig i ymuno yn y sesiwn fwyd os oes ganddyn nhw doriad neu gyflwr croen ar eu dwylo ar ddiwrnod y sesiwn fwyd.

**Enw rhiant/gofalwr**

**Print:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Llofnod:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Dyddiad:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**