Carmarthenshire

Brecon Beacons

Swansea Bay /
Bae Abertawe

Bridgend /
Pen-y-bont ar Ogwr

Llyn Llech Owain

Ammanford/
Rhydaman

Llandeilo

Llanelli

Carmarthen

Swansea/
Abertawe

Port Talbot

Neath/
Castell-nedd

Pontardawe

Ystradgynlais

Glyn-neath/
Glyn-nedd

Pontneddfechan

Aberdare

Mountain Ash

Margam
Park